



# Merry Christmas

## from the NHS Forest

Thank you for your tree sponsorship.

NHS Forest trees can help to support the health and wellbeing of patients, healthcare staff and local communities, with benefits for biodiversity.

Learn more:

[www.nhsforest.org](http://www.nhsforest.org)

[www.sustainablehealthcare.org.uk](http://www.sustainablehealthcare.org.uk)



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