



NHS Forest Conference February 27th 2018 - Agenda

Coffee available

Chair: Rachel Stancliffe, Director of the Centre for Sustainable Healthcare

- 10.30 Welcome - Southmead Hospital, North Bristol NHS Trust
- 10.45 Workplace wellbeing and green prescribing, Sir Muir Gray, Better Value Healthcare
- 11:05 NHS Forest introduction: Sarah Dandy, NHS Forest Coordinator
- 11:15 Presentations:
- **Designing greenspace suitable for health**- Sarah Jones- Morris, Landscape Architect and Zoe Banks, Physical Activity consultant
 - **The evidence for the importance of workplace wellbeing** – Andy Netherton, Health and Wellbeing Manager, Public Health England South West
 - **Activities on site to encourage engagement** – Alan Carter, Land Trust, Countess of Chester Country Park
- 12.15 Q & A with speakers
- 12:25 Delivery Workshop
- How to create a green space that benefits the wellbeing of your staff*
- 13:00 Feedback from Workshops
- 13.15 Lunch
- 14.00 Visit to Southmead Hospital's NHS Forest site
- Followed by Q and A of site back at hospital.
- 15.00 Coffee and networking opportunities
- 15.15 NHS Forest Awards
- 15.30 Close

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