NHS Forest

NHS Forest Conference 2012
Todmorden
Aims

• Improve health of staff, patients and communities through increasing access to greenspace on or near to NHS land
• Greening the NHS Estates and with a target of 1 tree per NHS employee amounting to 1.3 million trees
• Encouraging greater social cohesion between NHS sites and the local community.
How you can be part of the NHS Forest

• Plant Trees at your Healthcare Organisation
• Encourage staff, patients and the local community to use their NHS Forest
• Sponsor a Tree
• See if the League of Friends will stock the NHS Forest Tree Sponsorship cards
• Partner with the NHS Forest as a delivery organisation

NHS Forest
Growing forests for health
Achievements in 2012, so far

• Number of Trees Planted: 16,634
• 97 sites have planted trees
• Autumn conference
• NHS Sustainability Day of Action
• NHS Forest/ Incredible Edible/ Ambulance Services partnership
NHS Sustainability Day of Action
Some Site Examples

Royal Bolton hospital

SLAM- Orchard Restoration

Todmorden Health centre
NHS Forest- GPs and health walks
Linking to Incredible Edible Towns and Ambulance Services Partnerships

• Green Referrals
• Planting on NHS Estates including Ambulance stations and GP surgeries
• Link up to existing greenspace and community groups in and around city.
• Encouraging patients to utilise health walks
• Todmorden Example
NHS Forest- Christmas Tree Sponsorship

• 1 tree sponsored= £10
• 7 trees sponsored= £70
• Christmas Gift for friends and families, to say thank you to a colleague for their hard work

• www.nhsforest.org/sponsor
NHS Forest- Key Contacts

• Sarah Dandy- NHS Forest Co-ordinator
  sarah.dandy@sustainablehealthcare.org.uk

• Rachel Stancliffe- Director of Centre for Sustainable Healthcare
  rachel.stancliffe@sustainablehealthcare.org.uk

• Central Number: 01865 515811